



# JUNE 2016



Breakfast

## St. Patrick's School

Monday	Tuesday	Wednesday	Thursday	Friday
May 30, 2016	May 31, 2016	June 1, 2016	June 2, 2016	June 3, 2016
		RICE KRISPIES Graham Crackers Craisins Apple Juice Choice of Milk	APPLE JACKS REDUCED SUGAR French Toast Breakfast Bar Fresh Banana Grape Juice Choice of Milk	VANILLA YOGURT Blueberry Muffin Fresh Apple Assorted Jelly Choice of Milk
June 6, 2016	June 7, 2016	June 8, 2016	June 9, 2016	June 10, 2016
FROOT LOOPS REDUCED SUGAR Spiced Grahams Raisins Grape Juice Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Maple Breakfast Square Peach Cup Orange Juice Choice of Milk	STRING CHEESE Banana Muffin Fresh Apple Assorted Jelly Choice of Milk	RICE CHEX Animal Grahams Fresh Orange Blended Fruit Juice Choice of Milk	CHEERIOS Cinnamon Sky Minis Fresh Apple Choice of Milk
June 13, 2016	June 14, 2016	June 15, 2016	June 16, 2016	June 17, 2016
CINNAMON TOAST CRUNCH Animal Grahams Craisins Blended Fruit Juice Choice of Milk	STRING CHEESE Animal Grahams Pear Cup Grape Juice Choice of Milk			
June 20, 2016	June 21, 2016	June 22, 2016	June 23, 2016	June 24, 2016
June 27, 2016	June 28, 2016	June 29, 2016	June 30, 2016	July 1, 2016

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* This institution is an equal opportunity provider.

### DRINK WATER! Listed below are some benefits of drinking water:

- A water guzzler is less likely to get sick. And who wouldn't rather feel healthy the majority of the time? Drinking plenty of water helps fight against flu, cancer and other ailments like heart attacks.
- Moisturizes your skin, keeps it fresh, soft, glowing and smooth. Gets rid of wrinkles. It's the best anti-aging treatment around!

