



# FEBRUARY 2016



BREAKFAST

## St. Patrick's School

Monday	Tuesday	Wednesday	Thursday	Friday
February 1, 2016	February 2, 2016	February 3, 2016	February 4, 2016	February 5, 2016
CHEERIOS Cinnamon Sky Minis Raisins Grape Juice Choice of Milk	FROOT LOOPS REDUCED SUGAR Spiced Grahams Diced Peaches Orange Juice Choice of Milk	String Cheese Banana Muffin Mixed Fruit Cup Apple Juice Assorted Jelly Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Graham Crackers Fresh Orange Blended Fruit Juice Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Diced Peaches Blended Fruit Juice Choice of Milk
February 8, 2016	February 9, 2016	February 10, 2016	February 11, 2016	February 12, 2016
RICE KRISPIES Strawberry Pancake Square Raisins Apple Juice Choice of Milk	String Cheese Graham Crackers Mixed Fruit Cup Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Animal Grahams Diced Peaches Orange Juice Choice of Milk	APPLE JACKS REDUCED SUGAR French Toast Breakfast Bar Fresh Banana Grape Juice Choice of Milk	VANILLA YOGURT Blueberry Muffin Pineapple Tidbits Apple Juice Choice of Milk
February 15, 2016	February 16, 2016	February 17, 2016	February 18, 2016	February 19, 2016
February 22, 2016	February 23, 2016	February 24, 2016	February 25, 2016	February 26, 2016
CINNAMON TOAST CRUNCH Strawberry Breakfast Bar Applesauce Cup Blended Fruit Juice Choice of Milk	CHERRY LOAF Diced Pears Grape Juice Choice of Milk	RICE CHEX Spiced Grahams Mixed Fruit Cup Apple Juice Choice of Milk	FROSTED MINI WHEATS Maple Breakfast Square Pineapple Tidbits Orange Juice Choice of Milk	STRAWBERRY YOGURT Graham Crackers Diced Peaches Blended Fruit Juice Choice of Milk
February 29, 2016	March 1, 2016	March 2, 2016	March 3, 2016	March 4, 2016
CHEERIOS Cinnamon Sky Minis Raisins Grape Juice Choice of Milk				

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* USDA is an equal opportunity provider and employer.

**Fall in LOVE  
with MILK!**

*This month we celebrate all dairy products and the benefits they provide to a healthy diet. Milk not only tastes great, it also helps build bones and keeps muscles strong. Milk is the #1 source of vitamin D which is essential to help calcium do its job.*