



December 2015



Breakfast

St. Patrick's School

Monday	Tuesday	Wednesday	Thursday	Friday
November 30, 2015	December 1, 2015	December 2, 2015	December 3, 2015	December 4, 2015
	STRING CHEESE Graham Crackers Diced Pears Grape Juice Choice of Milk	RICE CHEX Spiced Grahams Strawberry Applesauce Blended Fruit Juice Choice of Milk	FROSTED MINI WHEATS Maple Breakfast Square Fresh Banana Orange Juice Choice of Milk	STRAWBERRY YOGURT Blueberry Muffin Diced Peaches Apple Juice Choice of Milk
December 7, 2015	December 8, 2015	December 9, 2015	December 10, 2015	December 11, 2015
CHEERIOS Cinnamon Sky Minis Raisins Grape Juice Choice of Milk	FROOT LOOPS REDUCED SUGAR Spiced Grahams Diced Peaches Orange Juice Choice of Milk	STRING CHEESE Banana Muffin Diced Pears Apple Juice Assorted Jelly Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Graham Crackers Fresh Orange Blended Fruit Juice Choice of Milk	MINI WHEATS LITTLE BITES Animal Grahams Mixed Fruit Cup Grape Juice Choice of Milk
December 14, 2015	December 15, 2015	December 16, 2015	December 17, 2015	December 18, 2015
RICE KRISPIES Strawberry Pancake Square Raisins Apple Juice Choice of Milk	STRING CHEESE Graham Crackers Mixed Fruit Cup Blended Fruit Juice Choice of Milk	FROSTED FLAKES (LOW SUGAR) Animal Grahams Diced Peaches Orange Juice Choice of Milk	APPLE JACKS REDUCED SUGAR French Toast Breakfast Bar Fresh Banana Grape Juice Choice of Milk	Vanilla Yogurt Blueberry Muffin Diced Pears Apple Juice Choice of Milk
December 21, 2015	December 22, 2015	December 23, 2015	December 24, 2015	December 25, 2015
FROOT LOOPS REDUCED SUGAR Spiced Grahams Grape Juice Raisins Choice of Milk	CINNAMON FLAKES REDUCED SUGAR Maple Breakfast Square Diced Peaches Orange Juice Choice of Milk			
December 28, 2015	December 29, 2015	December 30, 2015	December 31, 2015	January 1, 2016

**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

*** USDA is an equal opportunity provider and employer.

The Healthy Breakfast for a Healthier Me! Art Contest is approaching!

Ask your principal for more details or go to preferredmeals.com/kids

